

## Claims

1. A solubilizing composition comprising a mixture of Vitamin E TPGS and linoleic acid.
- 5 2. The solubilizing composition according to claim 1 wherein said Vitamin E TPGS and said linoleic acid are present at a weight ratio from about 10,000:1 to about 1:6 Vitamin E TPGS to linoleic acid.
- 10 3. The solubilizing composition according to claim 2 wherein said Vitamin E TPGS and said linoleic acid are present at a weight ratio from about 10,000:1 to about 10:1 Vitamin E TPGS to linoleic acid.
- 15 4. The solubilizing composition according to claim 3 wherein said Vitamin E TPGS and said linoleic acid are present at a weight ratio from about 1,000:1 to about 100:1 Vitamin E TPGS to linoleic acid.
- 20 5. The solubilizing composition according to claim 2 wherein said Vitamin E TPGS and said linoleic acid are present at a weight ratio from less than 10:1 to about 1:6 Vitamin E TPGS to linoleic acid.
- 25 6. An aqueous emulsion comprising:  
an aqueous phase and a lipid phase dispersed throughout said aqueous phase, said lipid phase including a blend of
  - a) a therapeutically effective concentration of a lipophile,
  - b) a concentration of Vitamin E TPGS, and
  - c) a concentration of linoleic acid,wherein said concentration of Vitamin E TPGS and said concentration of linoleic acid is sufficient for solubilizing said lipophile in said aqueous  
30 phase.

7. The emulsion according to claim 6 wherein the weight of said aqueous phase is about 80 to about 99 weight percent and the weight of said lipid phase is about 1 to about 20 weight percent, wherein the sum of the weight percentages of said lipid phase and said aqueous phase equals a total of 100 weight percent.

8. The emulsion according to claim 6 wherein said Vitamin E TPGS and said linoleic acid are present at a weight ratio between about 10,000:1 to about 1:6 Vitamin E TPGS to linoleic acid.

9. The emulsion according to claim 8 wherein said Vitamin E TPGS and said linoleic acid are present at a weight ratio between about 10,000:1 to about 10:1 Vitamin E TPGS to linoleic acid.

10. The emulsion according to claim 8 wherein said Vitamin E TPGS and said linoleic acid are present at a weight ratio between less than 10:1 to about 1:6 Vitamin E TPGS to linoleic acid.

11. The emulsion according to claim 10 wherein said Vitamin E TPGS and said linoleic acid are present at a weight ratio between about 1:1 to about 1:4 Vitamin E TPGS to linoleic acid.

12. The emulsion according to claim 6 wherein said linoleic acid is present at a concentration less than a therapeutically effective concentration of linoleic acid.

13. The emulsion according to claim 6 wherein said therapeutically effective lipophile is selected from the group consisting of lipophilic

vitamins, coenzyme Q10, carotenoids, alpha-lipoic acid, essential fatty acids, and a combination thereof.

14. The emulsion according to claim 13 wherein said therapeutically effective lipophile is a mixture of vitamin E homologs selected from the group consisting of alpha-tocopherol, beta-tocopherol, gamma-tocopherol, delta-tocopherol, alpha-tocotrienol, beta-tocotrienol, gamma-tocotrienol, delta-tocotrienol, and a combination thereof.

15. The emulsion according to claim 14 wherein each 1-mL dose of said emulsion includes about 25 to about 50 mg of said mixture of vitamin E homologs, said mixture of vitamin E homologs comprising

- a) about 25 to about 50 weight percent alpha-tocopherol,
- b) about 0.1 to about 5 weight percent beta-tocopherol,
- c) about 25 to about 50 weight percent gamma-tocopherol,
- d) about 5 to about 25 weight percent delta-tocopherol,
- e) about 0.1 to about 5 weight percent alpha-tocotrienol,
- f) about 0.1 to about 5 weight percent beta-tocotrienol,
- g) about 0.1 to about 5 weight percent gamma-tocotrienol, and
- h) about 0.1 to about 5 weight percent delta-tocotrienol,

wherein the sum of the weight percentages of said vitamin E homologs equals a total of 100 weight percent.

16. A method of forming an aqueous emulsion of a therapeutically effective lipophile in water comprising:

- a) melt blending a mixture of lipids having a concentration of from about 10 to about 75 weight percent of a therapeutically effective lipophile, a concentration of from about 10 to about 75 weight percent Vitamin E TPGS, and a concentration of from about 0.01 to about 50 weight percent linoleic

acid to provide a lipid phase wherein the sum of said concentrations equals a total of 100 weight percent;

b) contacting the lipid phase with an amount of water to form about an 80 to about a 99 weight percent aqueous mixture; and

5 c) intimately mixing the mixture for a period of time to provide an emulsion that is stable at room temperature.

17. The method according to claim 16 wherein said lipophile comprises a mixture of vitamin E homologs selected from the group consisting of  
10 alpha-tocopherol, beta-tocopherol, gamma-tocopherol, delta-tocopherol, alpha-tocotrienol, beta-tocotrienol, gamma-tocotrienol, delta-tocotrienol, and a combination thereof.

18. A method of treating a patient with a lipophile comprising:  
15 administering to the patient an aqueous emulsion having about a 1 to about a 20 weight percent lipid phase including a blend of a therapeutically effective amount of the lipophile, and a solubilizing amount of Vitamin E TPGS and linoleic acid, wherein the lipophile is a compound other than linoleic acid.

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19. The method of claim 18 wherein the lipophile is vitamin E.

20. The method of claim 18 wherein said administering step is conducted orally.

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21. The method of claim 18 wherein said administering step is conducted topically.

22. An oral dosage form made from the emulsion according to claim 6.

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23. A topical dosage form made from the emulsion according to claim 6.